



<b>Form: Course Syllabus</b>	<b>Form Number</b>	EXC-01-02-02A
	<b>Issue Number and Date</b>	2/3/24/2022/2963 05/12/2022
	<b>Number and Date of Revision or Modification</b>	
	<b>Deans Council Approval Decision Number</b>	2/3/24/2023
	<b>The Date of the Deans Council Approval Decision</b>	23/01/2023
	<b>Number of Pages</b>	19

1.	<b>Course Title</b>	<b>Maternal Health Nursing</b>
2.	<b>Course Number</b>	5701307
3.	<b>Credit Hours (Theory, Practical)</b>	3 credit hours ( Theory )
	<b>Contact Hours (Theory, Practical)</b>	12 contact hours ( Theory)
4.	<b>Prerequisites/ Corequisites</b>	5701206 /5701308
5.	<b>Program Title</b>	B.Sc. in Nursing
6.	<b>Program Code</b>	-
7.	<b>School/ Center</b>	School of Nursing
8.	<b>Department</b>	Nursing
9.	<b>Course Level</b>	Third Year
10.	<b>Year of Study and Semester (S)</b>	2024/2025- Second Semester
11.	<b>Other Department (S) Involved In Teaching The Course</b>	None
12.	<b>Main Learning language</b>	English



13.	Learning Types	<input type="checkbox"/> Face to face learning <input type="checkbox"/> Blended <input type="checkbox"/> Fully online
14.	Online platforms(s)	<input type="checkbox"/> Moodle <input type="checkbox"/> Microsoft Teams
15.	Issuing Date	
16.	Revision Date	October 26, 2024

**17. Course Coordinator:**

Name:	Contact hours: By Appointment
Office number:	Phone number: -
Email:	

**18. Other instructors:**

Name:
Office number:
Phone number:
Email:
Contact hours:
Name:
Office numbers:
Phone numbers:



Email addresses:

Contact hours:

Name:

Office number:

Phone number:

Email:

Contact hours:

#### 19. Course Description:

As stated in the approved study plan.

This course aims to take care for physical, psychological, emotional, spiritual, social and economic aspects of women's health and her family. The focus is on health care through the application of the nursing process steps. Emphasis will be placed on maintaining women's health during the reproductive years, which includes: pregnancy, childbirth and the postpartum periods. It also includes fetal growth and development, the immediate care of the newborn after birth and family planning and gynaecological problems.

#### 20. Program Intended Learning Outcomes: (To be used in designing the matrix linking the intended learning outcomes of the course with the intended learning outcomes of the program)

1. Demonstrate competency in performing and providing the role of a professional nurse in quality care provision for individuals, families, and groups..
2. Utilize critical thinking and problem solving in planning and implementing nursing care for individuals, families, and groups.
3. Demonstrate safety measures to protect self, individuals, families, and groups.



4. Translate organizational, leadership, inter-professional collaboration, and management concepts into nursing care for individuals, families, and groups
5. Utilize evidence-based practice in providing care for individuals, families, and groups

PLO's	*National Qualifications Framework Descriptors*		
	Competency (C)	Skills (B)	Knowledge (A)
1.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
4.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

**21. Course Intended Learning Outcomes:** (Upon completion of the course, the student will be able to achieve the following intended learning outcomes)

1. Understand the anatomic and physiologic aspects of the reproductive system.
2. Justify fetal/ newborn physiological development and adaptation during pregnancy, labor and the immediate postpartum period
3. Adopt nursing process to integrate the holistic changes occurring during perinatal period and the nursing care management as it relates to the needs of childbearing women and their families.
4. Differentiate deviations from normal physiological /psychological adaptation as well as alarming signs during antepartum, intrapartum and postpartum period



5. Predict anticipatory factors for maternal complications that influence maternal health from pre-conception through postpartum period
6. Prioritize major health problems that childbearing women encounter during perinatal period by applying the decision-making process to establish priority-based and appropriate required maternity nursing care.
7. Employ critical thinking skills to choose the best management that promote maternal and newborn safety in both routine and high-risk situations, and adhere to standards of nursing care as well.
8. Examine childbearing woman's responses to altered maternal health conditions within a family & cultural context

Course ILOs #	The learning levels to be achieved					
	Remember	Understand	Apply	Analyse	Evaluate	Create
1.			X			
2.				X		
3.			X			
4.			X			
5.				X		
6.					X	
7.			X			



8.						X	
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**22. The matrix linking the intended learning outcomes of the course -CLO's with the intended learning outcomes of the program -PLOs:**

PLO's */ CLO's	1	2	3	4	5	Descriptors**		
						K	S	C
1	X	X						X
2				X			X	
3					X		X	
4								X
5							X	
6			X			X		
7		X						X
8					X			

**\*Linking each course learning outcome (CLO) to only one program outcome (PLO) as specified in the course matrix.**



**\*\*Descriptors are determined according to the program learning outcome (PLO) that was chosen and according to what was specified in the program learning outcomes matrix in clause (21).**

**23. Topic Outline and Schedule:**

Week	Lecture	Topic	ILO/s Linked to the Topic	Learning Types (Online)	Platform Used	Evaluation Methods	Learning Resources
1	1.1	Introduction to course and definition of related terminology	1-3	Face to Face	Moodle / Microsoft teams	- Quiz	Ch.10
	1.2	Introduction to course and definition of	1-3	Face to Face	Moodle / Microsoft teams	- Quiz	Ch.10



		related terminology					
2	2.1	Female Reproductive System	1-3	Face to Face	Moodle / Microsoft teams	- Quiz	Ch.11
	2.2	Female Reproductive System	1-3	Face to Face	Moodle / Microsoft teams	- Quiz	Ch.11
3	3.1	Conception & Fetal Development Physical & Psychological Changes of Pregnancy Antepartum nursing assessment	1-14	Face to Face	Moodle / Microsoft teams	- Professional Conduct - Performance checklist and health education at clinical sites - Clinical Final Written Exam	Ch. 5: Women's Health: Family Planning Ch.15: Antepartum Nursing Assessment Ch. 16: The Expectant Family: Needs and care Ch. 18: Maternal Nutrition
	3.2						
4	4.1						
	4.2						
5	5.1						
	5.2						
6	6.1						
	6.2						





		Nursing care during prenatal period										
7	7.1	Processes and Stages of Labor and Birth	1-14	Face to Face	Moodle / Microsoft teams	<ul style="list-style-type: none"> <li>- Professional Conduct</li> <li>- Performance checklist and health education at clinical sites</li> <li>- Clinical Final Written Exam</li> </ul>	<p>Ch. 22: Process and stages of labor and birth</p> <p>Ch. 23: intrapartum Nursing Assessment</p> <p>Ch. 24: The family in childbirth: Needs and care</p> <p>Ch.25: Pain Management During labor</p> <p>Ch. 28: Birth-Related procedures.</p>					
	7.2											
8	8.1	Intrapartum nursing assessment										
	8.2											
9	9.1	Nursing care and management during labor										
	9.2											
10	10.1											
	10.2											
11	11.1	<b>Postpartum Family Adaptation and Nursing Assessment</b>						1-14	Face to Face	Moodle / Microsoft teams	<ul style="list-style-type: none"> <li>- Professional Conduct</li> <li>- Performance checklist and health education at clinical sites</li> </ul>	<p>Ch. 31: The Normal Newborn Need and care</p> <p>Ch. 32: newborn Nutrition</p>
	11.2											
12	12.1											
	12.2											
13	13.1											
	13.2											



14	14.1	Pregnancy at Risk:				- Clinical Final Written Exam	Ch. 35: Postpartum Family Adaptation and Nursing Assessment
	14.2						Ch. 36: The Postpartum Family Need and Care Ch. 37: Home Care of The Postpartum Family
15	15.1	Final exam	1-14	Face to Face	Moodle / Microsoft teams	- Final Exam	All Chapters

#### 24. Evaluation Methods:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

Evaluation Activity	*Mark wt.	CLO's							
		1	2	3	4	5	6	7	8
Quiz 1	10	x	x	x	x				
Midterm Exam	30	x		x	x		x	x	
Quiz 2	10	x					x		x
Final Exam	50	x					x		x



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Total 100%									
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\* According to the instructions for granting a Bachelor's degree.

\*\*According to the principles of organizing semester work, tests, examinations, and grades for the bachelor's degree.

## 25. Course Requirements

(e.g.: students should have a computer, internet connection, webcam, account on a specific software/platform... etc.):

Face-to-face learning.

## 26. Course Policies:

### A- Attendance policies:

Students must attend all classes of this course.

- Any student with absence of 15% of the classes of any course, will not be allowed to sit for the final exam and will be given the university zero (F grade) in this course.
- In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.
- Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.

### B- Absences from exams and submitting assignments on time:

- Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make up exam.



- Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.
- Assignments and projects should be submitted to the instructor on the due date.

**C- Health and safety procedures:**

Students should comply with the Faculty of Nursing policies regarding pre-hospital training immunizations. Students should comply with the training areas policies regarding infection control, general precautions, and patient isolation.

**D- Honesty policy regarding cheating, plagiarism, misbehavior:**

Cheating, plagiarism, misbehaviour are attempts to gain marks dishonestly and includes; but not limited to:

- Copying from another student's work.
- Using materials not authorized by the institute.
- Collaborating with another student during a test, without permission.
- Knowingly using, buying, selling, or stealing the contents of a test.
- Plagiarism which means presenting another person's work or ideas as one's own, without attribution.

Using any media (including mobiles) during the exam

- **The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students' Discipline rules and regulations No. (94, 49, 47,27, 29):**  
**<http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx>**

E- Grading policy:

Grading policy in accordance with the regulations of the University of Jordan

Available university services that support achievement in the course:

- <https://library.ju.edu.jo/Elibrary/>



**27. References:**

- Ricci, S. S. (2020). Essentials of Maternity, Newborn, and Women's Health Nursing (5th ed.) Wolters Kluwer Health, Lippincott Williams & Wilkins.
- Lowdermilk, D., Cashion, M., Perry, S., Alden, K., Olshansky, E. (2020). Maternity and Women's Health Care (13th ed). Elsevier Inc.

Other resources:

- Davidson, M., London, M., & Ladewig, P. (2019). Olds' Maternal-Newborn Nursing & Women's Health across the Lifespan, 11th ed. (International Edition). Prentice Hall
- WHO guidelines on maternal health  
[https://www.who.int/maternal\\_child\\_adolescent/maternal/guidelines/en/](https://www.who.int/maternal_child_adolescent/maternal/guidelines/en/)
- CDC. Maternal and Infant Health  
<https://www.cdc.gov/reproductivehealth/maternalinfanthealth/index.html>
- Association of Women's Health Obstetric and neonatal Nurses (AWHONN) Different topics and guidelines on maternal-newborn health: <https://awhonn.org>

**28. Additional information:**

\*\* All the assigned readings are from the required textbook. However other credible resources are appreciated to enrich our background.

Name of the Instructor or the Course Coordinator:

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Signature:

.....

Date:

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**The University of  
Jordan/Aqaba  
Faculty of Nursing**



الجامعة الأردنية / فرع العقبة  
كلية التمريض

Name of the Head of Quality Assurance Committee/ Department

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Name of the Head of Department

.....

Name of the Head of Quality Assurance Committee/ School or Center

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Name of the Dean or the Director

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Signature:

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Signature:

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Date:

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Date:

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Date:

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